

The Next Chapter

The Next Chapter is a social support and educational program that helps widows and widowers adjust to the loss of their loved one. Nearly every aspect of one's life is impacted when a spouse passes and usually requires emotional, social, physical, spiritual and other kinds of adaptations. Through this program, Tooele County Aging Services hopes to reinforce a sense of purpose, confidence and sense of community in those who are grieving. The Next Chapter is both informative and entertaining; with guest speakers and group outings. Join others who are on the same page as you and begin a new chapter in your life story. Classes will be on the 3rd Tuesday of each month. Call Sarah at 435-277-2456 for details.

**November 15th
1-2 pm**

at Game Haven
762 N Main St, Tooele

Game Day

Triple word score,
Do not pass go, King
me....have you said
any of these phrases
lately? Do you have a
favorite board game?

Join us at Game
Haven to play. We'll
meet the owner, he'll
introduce us to some
popular games, and
then he'll teach us a
fun, quick one.



January 17th

11am -12 pm
at Tooele City Library
128 W Vine St, Tooele

Books and More

Did you know that in addition
to books, the library offers
introductory tech classes and
hosts many other events for
everyone in our community?
Come check out all they have
to offer and we'll talk about
some good books too.



**December 20th
10-11:30 am**

**at Tooele County
Health Dept Bldg #180**
151 N Main St, Tooele

Spread Holiday Cheer

Volunteers needed. Come help put
together holiday cheer for those at the
Children's Justice Center. Then we'll
deliver the donations and meet the
staff. They offered to take us on a quick
tour of their building and explain the
community services they provide.



**February 21st
11:30 -12:30 pm**
**Location to be
determined**

Let's Visit

We're going Dutch -
bring \$ for lunch and
thoughts to share
about a good book
you've read lately

