

# The Next Chapter

The Next Chapter is a social support and educational program that helps widows and widowers adjust to the loss of their loved one. Through this program, Tooele County Aging Services hopes to reinforce a sense of purpose and belonging in our community in those who are grieving. Join others each month that are on the same page as you and begin a new chapter in your life story. For more details or to ask questions, please call Sarah at 435-277-2456.

**Thursday, October 12<sup>th</sup>**  
**11:00 to 12:30**

**at the Benson Grist Mill**

East entrance gate

325 State Road 138, Stansbury Park

## ***Adventure in Our Own Backyard***

When did you last visit one of our local points of interest? Join us for a tour of the historic Benson Grist Mill and bring a picnic lunch to enjoy afterwards. Dress for the weather - rain or shine; and wear comfortable shoes for walking.



**Saturday, November 4<sup>th</sup>**

**2:00 - 3:00 pm**

**at Tooele County**

**Health Dept Bldg Auditorium**

151 N Main St, Tooele

## ***Hope for the Holidays***

Join us for this community wide event that will acquaint attendees with community resources, provide tips for coping with grief during the holiday season, and share ideas for celebrating loved ones we've lost.



**Thursday, December 7<sup>th</sup>**

**10:30-12:00 am**

**at Tooele County**

**Health Dept Bldg #180**

151 N Main St, Tooele

## ***Spreading Cheer***

Volunteers needed. Come help put together holiday cheer for those who are assisted at the Children's Justice Center. Then we'll deliver the donations and meet the staff. They offered to take us on a quick tour of their building and explain the community services they provide.

