

TOOELE COUNTY
Council on Aging
Rocky Mountain Care Facility 85 E. 2000 N., Tooele Utah
Meeting Minutes – March 22, 2017 1:00 pm

Present: Diane Johnson, Elaine Breitweiser, Roger Sawyer, Anne Smith, Linda McBeth

Guest: Brent Pitt- Admission Director for Rocky Mountain Care

Staff Present: Sherrie Ahlstrom, Ericka Jordt,

Absent: Commissioner Bateman, Patty Guerrero, Joyce Tate, Emily Johnson, Karyl Maynard, Bella Colovich, Jamie Zwerin

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1. **Welcome** – Sherrie called the meeting to order and welcomed everyone. Each member introduced themselves to the group.
 2. **Approval of February 2017 meeting minutes-** Due to not enough members present for a quorum the February 2017 minutes were tabled until the next meeting.
 3. **Aging Services Report / Senior Centers Supervisor Report – Sherrie Ahlstrom**
 - Sherrie noted that Pickle Ball has been a huge success. Courts are set up in both the Grantsville and Tooele centers, a second court has been added in Tooele. Deseret Peak has set up an indoor court, the fee is \$10 per hour.
 - Sherrie confirmed that Brad Pratt with Tooele City is no longer on the board, this position is open.
 - Sherrie advised the group that the draft of the area plan is due again and will be addressed at the next COA meeting on April 26th.
 - Sherrie gave an update on the funding cuts for the Meals on Wheels program. Funds for the County Block Grant that some states use to fund their MOW programs has been reduced. However, Utah’s MOW program is funded in part by the Older Americans Act not the County Block Grant; so, at this time the funding cuts will not affect Tooele County.
 - The Living Well with Chronic Conditions class just ended, it was well attended. Anne mentioned that she is teaching one in Stansbury on diabetes.
 - The dinner and talent shows that were held at both centers on March 16th were well attended. The next dinner will be held May 4th.
 - There continues to be a steady turnout for the Social Security kiosk located at the Tooele Senior Center. The video kiosk is available the 1st and last Tuesday of every month from 10 am to noon. The service is offered to all Tooele County residents regardless of age. Clients are helped on a first come first served basis.

Sherrie confirmed that the dates and time for the service was selected by the Social Security office. Sherrie noted that funds from SHIP can be used to have a case manager present during these times to assist with other needs.

- The Youthful Living classes that are held once a month at the Tooele Senior Center have been well attended. A different topic is covered each month by a licensed social worker from Valley Behavioral Health. The next class will be held April 12th at 11:00 am, the topic is Letting Go of Clutter.

4. Roundtable-

- Dianne announced the Spring Women's Health Expo will be held at Tooele High School on March 25th from 10 am to 2 pm. The speaker will present first, Sheila Hamilton from Tooele. Tickets are general admission and are \$15 each.
- Diane asked to meet with Sherrie and Bella to discuss options on coordinating/scheduling day trips with to avoid duplicating the same trips as Healthy Circle and possibly sharing the cost of transportation. She recently had to cancel a day trip due to not enough participation to make it cost effective.
- Roger advised the group that Grantsville Senior Center will hold its annual open house on March 24th, they will have a bake sale and craft sale. Roger also noted that there is a flint napping class at the Grantsville Center on Tuesdays at 1:00, bring your own gloves and safety glasses. They are looking at starting shuffleboard and fly tying. Roger also noted that several people commented on how much they enjoyed the trip to Cabela's. Roger noted that Doris will be able to attend future meetings.
- Elaine reported that the Next Chapter- a social support and educational program that helps widows and widowers adjust to the loss of their loved one has shown great success, some participants are even getting together and offering each other support outside of the monthly classes.
- Elaine noted that herself, Jamie, Diane and Sarah are working on creating a one page list of services that are available to seniors that can be emailed, shared with various religious groups, handed out at doctor's offices, pharmacies, hair salons etc. Diane felt it would be beneficial if herself and Sherrie presented at one of the Chamber of Commerce luncheons to provide information about these services.
- Linda shared a story of a senior that had died inside their home and was there for several days before anyone was aware. The group discussed different reasons this may happen and options available for seniors that live alone with no family support such as the Senior Connection Program which matches volunteers with home bound seniors to provide companionship through either weekly phone calls or home visits. Sherrie reminded that this program is run solely by volunteers and without any funding. Sherrie is working on a grant that could help with this program.

5. Tour of Rocky Mountain Care Facility- Brent Pitt

Meeting Adjourn- the meeting, meeting was adjourned at 2:30 pm.

The next meeting will be held on Wednesday April 26th, 2017 at 1:00 p.m. at the Tooele Senior Center
