

TOOELE COUNTY

Council on Aging

Tooele Health Dept. 151 N. Main Street, Tooele Utah

Meeting Minutes – January 23, 2018 1:30 pm

Present: Anne Smith, Joyce Tate, Dianne Johnson, Commissioner Bateman, Linda McBeth, Emily Johnson, Karyl Maynard, Sarah DeBois

Staff Present: Sherrie Ahlstrom, Bella Colovich

Absent: Elaine Breitweiser, Doris Fidler, Patty Guerrero

1. **Welcome** – Sherrie called the meeting to order and welcomed everyone and introduced new board member Sarah DeBois.
2. **Approval of September and October 2017 meeting minutes-** Karyl motioned to approve, Diane seconded, all were in favor.
3. **Aging Services Report:** Sherrie handed out a copy of the results from the Senior Services Survey and the results from the Senior Expo survey. This is the second year that the Senior Services Survey has been used. Some of the questions were changed slightly this year from the previous year's survey to better capture the information needed. See attachment showing results. The group discussed the results and how the results can help plan for the next Expo, what to focus on for future needs of the aging population, and other changes that can be made for future surveys.
Sherrie announced a new program called Dementia Live. Two staff members were recently trained on how to facilitate the simulation to introduce those currently not experiencing dementia symptoms to a high impact, dementia simulation experience that immerses participants into life with dementia, resulting in a deeper understanding of what it's like to live with cognitive impairment and sensory change. The program will benefit staff and offer skills that they can use when assisting someone with dementia. The goal is to use this program to train staff such as Aging Services, hospital, long term care, assisted living staff or anyone who assists someone with dementia as well as the community. Sherrie will arrange for this group to participate in the simulation at the meeting on Feb. 27th.
4. **Senior Centers Supervisor Report-**
Bella reported on a recent outing to the fire museum, it was well attended. A yoga class has started at both centers, the instructor volunteers her time. Bella and Debbie met with Lucia at the Wendover center to plan the meals and activities for the year. The next meal will be served Jan. 25th. On Jan. 30th at 4pm seniors can go to the Tooele UEC theater to watch the Greatest Showman. February 15th at noon will be a Valentines celebration at the Grantsville Center, the Tooele center will close early since this will be a combined event, transportation will be available. To ease congestion, the center will change the date it sells Ensure from Thursdays to Tuesdays starting in February. Stepping On class will

start in February at the Grantsville center, a class will be offered at the Tooele center in April. A pet show is being planned for the first time to be held on Feb.21st at the Tooele center. A group called Street Dawg Crew of Utah that offers help with food, leashes, bowls etc. have offered to help our senior population. Sherrie added that she wrote for and received a \$1500 Pet grant through Meals on Wheels to provide seniors in need with pet food, supplies, veterinarian bills or even purchasing a pet. There is still some money left that needs to be spent by the end of February, let Sherrie know if you know of a senior who could benefit from this grant. Linda mentioned that sometimes she doesn't see the activity sign -up sheet, Bella noted that activities are advertised on the electronic sign outside, tv in dining area and sign-up sheet at front desk. See newsletter for a complete list of activities offered or speak to an activity specialist for details. Some activities require advance sign ups.

5. **In-Home Services Report-** Sherrie reported for Jamie that they need volunteers for the Senior Connections program, currently there are 3 seniors on the waiting list wanting the companionship and 9 seniors that are receiving it. A Prescription Cost Savings presentation will be held on Feb. 28th from 10am – 11:30 at the Tooele center, the information will be presented by a case manager from the University of Utah Stansbury Clinic. Advertising has been sent out to doctor offices, pharmacies, dentist offices etc. A Medicare fraud prevention presentation will be offered in March through Healthy Circle.

6. **Council Member Position Appointments** – Linda nominated Joyce Tate as chairperson, Anne seconded the nomination and all were in favor. Diane nominated Emily Johnson as Vice Chair, Linda seconded the nomination and all were in favor. Sherrie is working with the county attorney to change the makeup of the by-laws and to reduce the number of required meetings. Sherrie also looked at combining this meeting with the Board of Health meetings, she was not able to combine the meetings. Sherrie noted that a minority member is still badly needed.

Meeting Adjourn- the meeting, meeting was adjourned at 2:43 pm.

The next meeting will be held on **Tuesday February 27th, 2018 at 1:30 p.m.** at the Tooele Senior Center.
