



# The Next Chapter

The Next Chapter is a social support and educational program, helping widows and widowers adjust to the loss of their loved one. Through this program, Tooele County Aging Services hopes to reinforce a sense of belonging in our community in those who are grieving. Each month, join others who are on the same page as you and begin a new chapter in your life story. For details or to ask questions, please call Sarah at 435-277-2440.

**TUESDAY**  
**20**  
**AUGUST**

## ***Adventure in Our Own Backyard: Utah's Ocean in the Desert***

**10:30 am to 11:30 am**

**Bonneville Seabase**

**1600 North SR 138, Grantsville**

Come see where locals scuba dive and snorkel. Chris, caretaker at Bonneville Seabase, will wait to feed the fish until we arrive, so we can see the variety of marine life that lives in the pools. Then she will take us on a guided tour this unique facility.

## ***Picnic in the Canyon***

**11:30 am - 12:30 pm**

**Settlement Canyon**

**Turn left off Hwy 36 on to Settlement Canyon Rd**

Bring a lunch and enjoy the great outdoors with us. The leaves may just be starting to change color. Meet in the parking area by the entrance station at 11:30 am. We'll double up or carpool into the picnic area and the entrance fee will be taken care of. If you arrive later, the fee to enter the canyon for the day is \$3 per car.

**WEDNESDAY**  
**18**  
**SEPTEMBER**

**TUESDAY**  
**15**  
**OCTOBER**

## ***Safety Savvy***

**6:30 - 7:30 pm**

**Tooele County Health Dept. Bldg. Room 180**

**151 N. Main Street, Tooele**

Join us for an informative presentation on personal safety at home and in the community. Monique Mackay, former police officer and Community Liaison with Harmony Home Health, will share practical tips for protecting yourself.

