

TOOELE COUNTY

Council on Aging

Tooele Health Dept. 151 N. Main Street, Tooele Utah

Meeting Minutes – August 28, 2018 1:30 pm

Present: Joyce Tate, Dianne Johnson, Commissioner Bateman, Anne Smith, Karyl Maynard, Linda McBeth

Staff Present: Sherrie Ahlstrom, Bella Colovich, Jamie Zwerin, Kristen Bolinder

Absent: Emily Johnson, Graciela Fernandez, Antoinette Romano, Sarah DeBois, Roger Sawyer

1. **Welcome:** Joyce Tate called the meeting to order and welcomed everyone.
2. **Approval of June 2018 meeting minutes:** Diane Johnson motioned to approve, Karyl Maynard seconded, all were in favor.
3. **Lighthouse Adult Daycare Services:** Sherri Ahlstrom stated that the Tooele County Commissioners have agreed to lease out the old Mantes building to Lighthouse. Valley Behavioral Health will have all their items removed from the property in the next two weeks. Sherri and Jamie Zwerin are no longer on the Lighthouse Board but will be advisors. Lighthouse will be doing fund raising and searching for those willing to donate. Sherri said she had recently toured a similar agency, Neighborhood House, in Salt Lake City, which the Larry H. Miller Foundation has set up. Those wanting to participate please contact Sherri and/or Jamie by email. The facility will have five residents per staff member. Sherri stated that she was surprised when touring the Neighborhood House at the level of care that was needed for the clients. Also, the Neighborhood House does not allow drop-offs. They only allow regulars that attend a minimum of two days per week. This allows them to staff the facility appropriately. The Lighthouse facility will not be locked. Linda McBeth asked if respite care funds are available. Sherri confirmed that those funds are available. Sherri stated that so far, they have Commissioner Bateman, Dr. Kim Halladay, Dr. Jay Spector, Antoinette Romano and Debbie Condie on the Lighthouse Advisory Board. They are currently looking for someone to assist with marketing, finance, grant writing and construction.
4. **Senior Expo:** Jamie Zwerin passed out Senior Expo flyers. This year's expo will be held on Saturday, September 29th at the Tooele Technical College, 10AM – 1PM. Advertising such as banners, newspaper, flyers and the Meals on Wheels vehicles will be placed after Labor Day. Many people have offered to volunteer. Karyl Maynard will be a door greeter. Anne Smith, Joyce Tate & Linda McBeth will each be assisting at the Senior Center booths. The Tooele Technical College food vendor, Simply Bliss, will be open for those wanting to purchase food. Grantsville will drive a van to the Expo and bring a group of seniors with them. Last year 407 people attend the Senior Expo.

5. **Aging Services Director Report:** Sherri Ahlstrom announced that Federal and State Grants have increased by \$60,000 this year. Jamie stated that SMP (Senior Medicare Patrol) assists with billing issues. They have resolved issues for two people saving a total of \$6,000 so far. They were able to save over \$10,000 for five other seniors since June 2018. Jamie explained that some are easy fixes. They can also assist with premium and deductible questions. Information is sent to the Utah State Medicaid and Medicare Savings programs. MIPPA is the Medicare Improvement Patient and Providers Act. Please refer clients to Jamie and Evelyn VanZanten. They are currently distributing information throughout the community. Programs are available for low-income seniors over the age of 65 and disabled clients under the age of 65. They are hoping to employ a part-time person to assist with these programs.

The Tai Chi classes have been an amazing addition to the Senior Center. Over 65 people have attended the first two sets of classes in Tooele. Because of the Tai Chi classes many new people have come to the center. The program will expand to the Grantsville Senior Center in late October. This is an evidence-based class to help prevent falls and assist those with arthritis.

Sherri announced a new van has been purchased for the Senior Center.

Commissioner Bateman announced that an opinion vote will be on the November 2018 ballot regarding Transportation. ½% of sales tax would fund the program. Funds would assist with the medical shuttle and UTA services to help pay for drivers. The tax money collected in Tooele County will stay in Tooele County. They would like to make more bus runs available.

6. **Senior Centers Supervisor Report:** Bella Colovich reported that both centers have been doing awesome. Everyone has been very busy this summer with picnics, swimming, BBQ, and movies. Energy Solutions donated over 1,400 lbs. of meat from the prize-winning beef.

The following activities are currently on the Senior Center's agenda:

- Sept. 6th Sock Hop at Tooele Senior Center complete with DJ. Grantsville will offer transportation to their clients who want to attend.
- Sept. 19th Grandparents Day will be celebrated at both Senior Centers.
- Sept. 20th Senior Planning Meeting at Tooele Senior Center
- Sept. 21st Fall Prevention Event at Tooele Senior Center
- Sept. 29th Senior Expo @ Tooele Technical College
- Oct. 16th Golden Mile at Skyline Park 10AM – 11:30AM

7. **In-Home Services Report:** Jamie Zwerin and staff will be presenting the Dementia Live in October.

8. **Roundtable Discussion:** Dianne Johnson commented that while speaking with a new hire at MWMC who happens to have a paraplegic mother the comment was made about how poorly our community is for those in wheelchairs. Including handicapped

parking. The older Main Street buildings are not ADA compliant. Karyl Maynard responded the Tooele Mayor, Debbie Winn, will be working on getting better handicap access to Tooele City.

Linda McBeth commented on what a great partnership the Tooele County Health Department and Mountain West Medical Center have.

Anne Smith wanted the group to know that many seniors haven't received their new Medicare cards yet. Jamie responded that Medicare is experiencing some difficulties with logistics and they are behind in getting them mailed out.

Dianne Johnson stated that she would like the Council on Aging meetings to begin earlier since she has had to leave before the meeting are completed. Karyl Maynard motioned that the meetings be moved up half an hour to begin at 1:00, Dianne Johnson, seconded, all were in favor.

All upcoming Council on Aging meetings will now begin at 1:00 PM.

Sherry announced that several staff members will be attending a State Office Training Meeting in Salt Lake City and will be unable to attend the scheduled September 25, 2018. Sherry will also be off that day. The group decided to cancel the September meeting. Next meeting will be Tuesday, October 23, 2018 at 1:00 PM.

Meeting Adjourn- the meeting was adjourned.

The next meeting will be held on Tuesday, October 23rd, 2018 at 1:00 p.m. at the Tooele Senior Center.
