

TOOELE COUNTY

Council on Aging

Tooele Health Dept. 151 N. Main Street, Tooele Utah

Meeting Minutes – February 26, 2019 1:00 pm

Present: Linda McBeth, Roger Sawyer, Antoinette Romano, Commissioner Thomas, Emily Johnson

Staff Present: Jamie Zwerin, Bella Colovich, Kristen Bolinder, Evelyn Van Zanten, Desirae Taylor,

Absent: Anne Smith, Sarah DeBois, Joyce Tate, Diane Johnson, Karyl Maynard, Graciela Fernandez

1. **Welcome** – Antoinette called the meeting to order and welcomed everyone.
2. **Introduction of New Council Members** – The group introduced themselves. Jamie introduced Desirae Taylor as a new hire for Tooele Aging Services, she took Jamie's former position. Desirae's office is at the Health Department and she is working closely with Evelyn. Commissioner Thomas was introduced as a new council member. He shared a personal story of service. He is excited to be part of the Council on Aging. Jamie announced that Brad Pratt, Michelle Ross and Grantsville Mayor, Brent Marshall will be joining the Council on Aging.
3. **Tooele Caregiver and Dementia Programs** – Evelyn distributed brochures on the Tooele Aging Services Caregiver Support Guide and explained the programs to the group. Dementia Dialogues will begin next month. They will present five topics over four sessions. The class is designed to increase knowledge about dementia and to link resources available in the community to those needing them. There are several different support groups. Evelyn explained RCI Reach (Resources Enhancing Alzheimer's Caregiver Health). Participants in the groups will receive information, resources and manuals free of cost.
4. **Approval of January 2019 meeting minutes** – Roger motioned to approve, Emily seconded, Linda abstained since she wasn't in attendance at the January meeting, all others were in favor. The motion to approve the January 2019 meeting minutes was passed.
5. **Senior Centers Supervisor Report** - Bella announced that the Tai Chi classes are coming to an end this Friday. Four new instructors will be trained to teach in May. The classes have been popular.

The Stepping-On classes ended last week and was well attended.

The Tooele City Police Department did a presentation on Fraud Prevention, Wednesday, Feb. 13th. They are planning on presenting again in the upcoming months.

The Valentine's Day luncheon at the Grantsville Center was beautifully decorated and well attended. Commissioners, Thomas and Tripp as well as Health Officer, Jeff Coombs, were able to attend. The food and entertainment were wonderful. Commissioner Thomas thanked Jamie and Bella for the invite. Bella thanked the Grantsville Center Board for their hard work and support.

We will be having a Pet Show on Wednesday, February 27th at the Tooele Senior Center. Rosie will be providing transportation to those wanting to attend from Grantsville. Dawg Street Crew has donated several prizes for dogs and cats.

The St. Patrick's Day luncheon will be Thursday, March 7th. Corn Beef and Cabbage will be served at noon.

The Living Well with Chronic Conditions classes will begin Friday, March 8th – April 26th. It is a eight week class teaching positive self-management skills.

March's Youthful Living class will be a presentation on tidying up using the KonMari method made popular from the book The Life-Changing Magic of Tidying Up by Marie Kondo, the class will be on Wednesday, March 13th at 11:00 am at the Tooele Center.

Grantsville resident, Ida Hoggan, will be turning 100 years old. A birthday celebration in her honor will be held at the Grantsville Center on Tuesday, March 5th at Noon. All are invited.

AARP will be having a driving class in Grantsville on Wednesday, March 20th at 9am – 2pm. Cost is \$15 for AARP members and \$20 for non-members.

Both the Tooele and Grantsville Senior Centers will be having Open Houses to highlight the activities and services available. Seniors will be offering tours and displaying the items they create and activities they participate in. Tooele Senior Center's Open House will be on Wednesday, April 10th and Grantsville Senior Center's Open House will be on Wednesday, April 25th and Thursday, April 26th.

Linda mentioned that she would like the facilities to be updated, the buildings are older, we are outgrowing them. Commissioner Thomas said that the Commissioners are aware that we need more space. The Nu-Cleaners location next door has been purchased by the County. Commissioner Thomas suggested that the group tour the Tooele Senior Center building after the meeting. Bella agreed to take the group on a tour. Roger stated that the Grantsville Center is also having growing pains and would like to expand. Bella said that in the meantime they have been working at the Grantsville Center to move and arrange items in the craft room to make more space for all the activities.

6. **COA Survey**- Jamie distributed a survey to the group. She said that the Council on Aging group has good participation and is a good support to Aging Services. She is wanting to know what we can do different to improve. Council on Aging members are advocates for Aging Services. They can take information to businesses and other agencies as well as distribute information throughout the community. Jamie asked the group not to answer the survey now but to think about and review the survey later before giving it back to her.

The Medicare SHIP program helps to lower prescription drug costs.

Roger said that he applied for Extra Help, he reports that it's been a good program and it's on going.

Jamie encouraged the group to email Kristen stating what they would be interested in assisting with.

7. **Utah Legislation/Aging Budget Requests** - Jamie would like an advocate that would be willing to participate in the legislation process to advocate for additional funding. She would like members to go to the legislators on specific dates and times to ask for additional funding. Members can also call or write legislators. Aging Services is asking from an additional \$750,000 statewide. We received our portion of this funding last year, \$60,000, but it was not ongoing. Jamie said that currently they have waiting lists for those wanting services on the programs. Please let Jamie know if you or someone you know would be willing to assist with legislation. Jamie wants to seniors in the community to feel valued and that the Senior Center buildings are important. Both business and volunteers are needed.

8. **Round Table** - Roger reported that Grantsville City cleans the snow from the Grantsville Senior Center parking lot whenever it snows. The City has been a great help to the Center and he thinks Grantsville Mayor, Brent Marshall will be great on the Council on Aging. Roger stated that people have asked to rent the Grantsville Center after hours. Bella explained that the senior center buildings are not available to rent out after hours. She encouraged him to refer people to Deseret Peak to rent rooms.

Emily asked if Senior Connections or other programs are not for profit? Jamie answered that they are part of a government agency. Emily said her company offers grants. Jamie will look at different options.

Jamie said the Utah Area Agencies on Aging Association are trying to get funding passed. She asked those will to participate to email or call their local representatives. If you need your representatives contact information or have questions on what to say please contact Jamie. She said that calling and asking your representative please support ongoing funding is best.

9. Meeting Adjourn – Antoinette motioned to adjourn, Commissioner Thomas seconded, all were in favor.

The next meeting will be held on **Tuesday, March 26th, 2019 at 1:00 p.m. at the Tooele Senior Center.**