

TOOELE COUNTY

Council on Aging

Tooele Health Dept. 151 N. Main Street, Tooele Utah

Meeting Minutes – March 26, 2019 1:00 pm

Present: Linda McBeth, Roger Sawyer, Antoinette Romano, Joyce Tate, Sarah DeBois, Karyl Maynard, Mayor Brent Marshall, Michelle Ross

Staff Present: Jamie Zwerin, Bella Colovich, Kristen Bolinder, Tracy Beckett, Sarah Obray

Absent: Anne Smith, Diane Johnson, Graciela Fernandez, Commissioner Thomas, Emily Johnson

1. **Welcome** – Antoinette called the meeting to order and welcomed everyone.
2. **Introduction of New Council Members** – New members, Mayor Brent Marshall of Grantsville City and Michelle Ross of Tooele were welcomed to the group. Each gave a brief introduction of themselves. Mayor Marshall is the current Mayor of Grantsville and Michelle Ross served for 27 years with the Salt Lake City Police Department.
3. **Approval of February 2019 meeting minutes** – Joyce Tate motioned to approve, Sarah DeBois seconded, all others were in favor. The motion to approve the February 2019 meeting minutes was passed.
4. **Caregiver Educational Classes** – Sarah Obray presented on several Caregiver Educational Classes. Lunch and Learn, Dementia Live, The Next Chapter and Dementia Caregiver Support Groups were briefly explained and flyers on each class were distributed to the group. Scott McKenzie, Deputy Director at Tooele County Health Department, will be presenting on Emergency Preparedness for Caregivers on April 19th. Those interested in classes should RSVP by phone (435)277-2440.

AARP Driving Class will be held in June 2019, exact date and time to be announced.

Mayor Marshall stated that those wanting to advertise in the Grantsville Mayor's Letter need to have their information submitted before the 20th of each month.

Linda asked about holding night or weekend classes and recording or live streaming them. Sarah stated that this is something to discuss for future classes.

Kristen will attach the distributed class flyers to the electronic version of meeting minutes that will be sent out to the group showing upcoming classes, dates and times.

- 5. Senior Center Open House** – Bella asked for assistance in advertising our upcoming Open Houses. We would like to showcase the wonderful activities available at both centers. Seniors throughout Tooele County are welcome at both Senior Centers. Bella passed out flyers to the group for them to distribute throughout the communities. Tooele Senior Center Open House will be held on Wednesday, April 10th, 1 - 4 p.m. Grantsville Senior Center Open House will be held for two days, Wednesday, April 24th and Thursday, April 25th, 9 a.m. - Noon. Roger stated that he will be distributing flyers with a free cookie at the Soelberg's Grantsville location.

Bella announced that the St. Patrick's Day celebration went well at both Senior Centers. Grantsville hosted a birthday celebration for the 100th Birthday of Ida Hoggan. Outing tomorrow to City Creek Mall.

- 6. Council On Aging Survey** – Antoinette stated that Jamie will be sending out an email regarding the survey.
- 7. Round Table** - Roger reported that Grantsville Center Board will be hosting a Dutch Oven Luncheon with Karaoke on Thursday, June 13th. They are expecting approximately 150 people to attend. The Grantsville Police Department has volunteered to serve the meals again this year.

Mayor Marshall stated that he feels having educational subjects presented at the Senior Centers would be best attended if presented on Wednesday's around 11:00 a.m. towards the end of breakfast. Roger likes having the physical therapist and police department presentations.

Sarah DeBois stated that Crisis Intervention Training (CIT), is open to law enforcement officers for training in proper methods of crisis response and resolution; developing effective crisis response system and advocating for accessible behavioral health services and programing. It's being taught in Tooele in April.

Karyl said that when she became a widow that the Senior Center saved her life. Her friends here became her family and it means a lot to her. She would like to have new bridge players.

Joyce stated that she appreciates how much the community has to offer, so many different programs are going on and it can be difficult to keep up with. She tries to disseminate information to those she feels it would be good for. Many people keep her updated with how the events she is unable to attend are doing.

Antoinette would like the Open House to be open to those of all ages. Bella stated that everyone in the community is welcome. Antoinette has heard of a lot of fraud phone calls where the person calling states they are a grandchild in trouble asking for money. These calls are happening more frequently.

Roger stated that fraud letters are being sent asking for money to be sent to the IRS in Texas. People should be made aware that these are fraud and shouldn't send money. Michelle stated it's best if the seniors have a family member they trust that they can contact to have a conversation with before they send any money to anyone.

8. **Meeting Adjourn** – Karyl motioned to adjourn, Antoinette seconded, all were in favor.

The next meeting will be held on Tuesday, April 23rd, 2019 at 1:00 p.m. at the Tooele Senior Center.