Tooele County Public Health AdvisoriesMarch 17, 2020

Public Advisories. The following measures are strongly recommended by the Tooele County Health Department:

- 1. Listen to and follow the directions of your state and local authorities.
- 2. If you feel sick, stay home. Do not go to work. Contact your medical provider.
- 3. If your children are sick, keep them at home. Do not send them to day care or to other family or friends, homes. Restrict them from playing with others. Contact your medical provider.
- 4. If someone in your household has tested positive for the coronavirus, keep the entire household at home. Do not go to work. Do not go to school. Contact your medical provider.
- 5. If you are an older person, stay home and restrict your exposure to other people.
- 6. If you are a person with a serious underlying health condition that can put you at increased risk (for example, a condition that impairs your lung or heart function or weakens your immune system), stay home and away from other people.
- 7. Even if you are young, or otherwise healthy, you are at risk and your activities can increase the risk for others. It is critical that you do your part to stop the spread of the coronavirus:
 - Work or engage in schooling from home whenever possible.
 - ➤ If you work in a critical infrastructure industry, as defined by the Department of Homeland Security, such as healthcare services and pharmaceutical and food supply, you have a special responsibility to maintain your normal work schedule. You and your employers should follow CDC guidance to protect your health at work.
 - Avoid social gathering in groups of more than 10 people.
 - Avoid discretionary travel, shopping trips, and social visits.
 - > Practice good hygiene:
 - Wash your hands, especially after touching any frequently used item or surface.
 - o Avoid touching your face.
 - o Sneeze or cough into a tissue, or the inside of your elbow.
 - o Disinfect frequently used items and surfaces as much as possible.
- 8. Extra-curricular public and private recreational activities should be cancelled.
- 9. Public and private schools dismissed for soft-closure.
- 10. Access to long-term care facilities should be limited to facility staff and health care providers.
- 11. With evidence of community transmission, bars, restaurants, food courts, should be closed except for drive-thru, pickup, or delivery options.
- 12. With evidence of community transmission, gyms and other indoor and outdoor venues where groups of people congregate should be closed.