

Outdoor Recreation, Youth Outdoor Sports, Including Parks, Playgrounds, Pavilions Guidelines to Maximize Public Health and Economic Reactivation

(from Utah Leads Together 2.0 Phased Guidelines Version 4.5)

- Follow all guidelines outlined on page 5 & page 11
- Remain at least 6 feet apart from individuals from other households while engaging in outdoor activities (e.g., walking, hiking, running, bicycling, hunting, fishing, etc.)
- Avoid contact with high-touch surfaces, including handrails, trail signs, maps
- Do not congregate at trailheads, parks, or other outdoor spaces
- Distribution of promotional items, candy, food items, etc. during spectator events must be distributed in a manner that does not promote congregating
- Participants (e.g., players, performers, actors) should have their symptoms checked prior to each competition or practice
- Roster or list of participants and their contact information must be maintained when engaging in formal competitive events to assist with contact tracing efforts when social distancing is not feasible
- Follow guidelines for state and national parks
- Recreation camps may operate in accordance with existing policy and health guidelines
- Recreational vehicle parks may operate in accordance with existing policy and health guidelines
- Roadway rest areas may open and operate in accordance with existing policy and health guidelines
- Spectators maintain social distancing between household groups and wear face coverings when social distancing guidelines are difficult to maintain

Social Guidelines from Page 5

Social Guidelines

- General public takes reasonable precautions
- Maintain social distancing when in public settings
- Face coverings worn in settings where other social distancing measures are difficult to maintain
- Private, social interactions that occur without oversight by a formal organization are allowable in groups of 50 or fewer; this may be increased incrementally based on data & milestone trends

Use of Face Coverings

- Face coverings (e.g. mask, scarf, gaiter, bandana) worn in public settings where social distancing measures are difficult to maintain
- Change or launder cloth face coverings after each day's use
- Cloth face coverings should not be placed on young children under the age of 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance

Family Gatherings

- Follow all social guidelines outlined on page 5
- Medium sized group that enables all social distancing guidelines to be followed

Children, including Playgrounds

- Follow all social guidelines outlined on page 5
- Increased cleaning and hygiene regimen
- Limit child interaction with other children in public spaces (e.g. playground equipment)

General Employer Guidelines from Page 11

Employers encourage flexible working arrangements (rotating shifts, remote work, etc.). Comply with distancing guidelines. Increased cleaning regimen of high-touch areas. Monitor employees for symptoms and well-being.

- All businesses operational if they can meet and adhere to all guidelines
- Employers take reasonable precautions
- Provide accommodations to high-risk employees; minimize face-to-face contact, assign tasks that allow these individuals to maintain a 6-foot distance from other employees or customers, implement flexible work hours or staggered shifts, allow high-risk individuals to work remotely
- Symptom* checking in business interactions
- Face coverings worn in settings where other social distancing measures are difficult to maintain; ensure that face coverings are available
- Encourage remote work when possible; employers exercise discretion with returning to onsite work
- Workplaces comply with distancing and hygiene guidelines
- Limit unnecessary travel
- Require employees to self-quarantine when returning from high-risk* areas
- Employers evaluate workforce strategy and concerns and enact strategies to minimize economic impact
- Employers must not allow any individuals under isolation or quarantine to come to work at any time unless authorized by LHD

* Symptoms include fever of 100.4 degrees Fahrenheit or above, cough, trouble breathing, sore throat, sudden change in taste or smell, muscle aches or pains

* <https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notice.html#travel-1>