



# Utah's Low Risk Phase

## What does it mean and what can you do?



### Moving to yellow

Utah's social distancing efforts to slow the spread of COVID-19 have been working. Forward progress won't be instant like flipping a switch. It'll be more like gradually moving a dial.

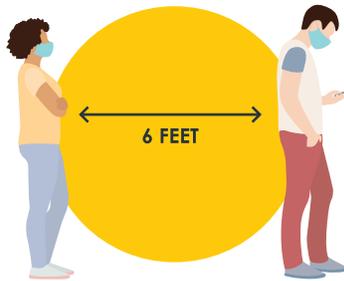
A color-coded health guidance system has been developed by the State of Utah to guide health behaviors for individuals and businesses. Each level of the dial is guided by a rigorous measurement system which can be different by each region, county, city, or community.

**In every phase, high-risk individuals operate under stricter instructions because they are more likely to suffer severe illness from COVID-19.**

### General guidelines for individuals:



Gathering in groups of 50 while maintaining social distancing.



Stay 6 feet away from others when outside the home.



Face coverings worn when social distancing is difficult to maintain.



Symptom check before engaging in close-contact or team sports.



Limit out-of-state travel.



Spacing between immediate households, alternate schedules for smaller gatherings and stream services.



## General guidelines for businesses:



All businesses open and take reasonable precautions.



Dine-in service open with appropriate social distancing and hygiene measures.



Encourage flexible work arrangements, follow hygiene guidelines, and continue social distancing in the workplace.

### High-Risk Individuals:

- ✓ Face coverings worn in settings where other social distancing measures are difficult to maintain
- ✓ For any travel, use appropriate precautions; avoid high-risk areas
- ✓ Telework if possible, if not, maintain 6-foot distance
- ✓ When visiting friends or family, wear face coverings when within a 6-foot distance
- ✓ Limit physical interactions with other high-risk individuals, except for members of your household or residence
- ✓ Social interactions in groups of 20 or fewer people outside your household or residence
- ✓ Limit visits to hospitals, nursing homes, or other residential care facilities

### Children:

- ✓ Schools may open under the direction of the Utah State Board of Education, but follow distancing guidelines with increased cleaning and hygiene regimen
- ✓ All symptomatic children should stay home from school and childcare, and will be sent home if exhibiting any symptoms
- ✓ Limit child interaction with other children in public spaces (e.g. playground equipment); a 6-foot distance should be maintained

Find detailed guidelines for individuals and businesses at [Coronavirus.Utah.gov](https://Coronavirus.Utah.gov)

