



Children's Service
Society of Utah

Grandfamilies

ARE YOU RAISING A RELATIVE'S CHILD?

WE CAN HELP WITH THAT

Since its beginning in 2002, the Grandfamilies program has become the voice for kinship families in Utah as well as experts on navigating challenges unique to these families. We offer support groups/ educational classes for caregivers, adolescents, and children that has helped many kinship families in a variety of areas. The topics for our 10 week support group are:

JOIN OUR SUPPORT CLASSES

Our support classes are currently being held virtually via zoom

Adult , Teen, and Children's groups are on Tuesday at 5:30 pm and will start January 26, 2021

WEEK ONE

Adult Group: What is Kinship Care
Teen Group: Getting to Know You
Children Group: Intro to Interpersonal Skills

WEEK TWO

Adult Group: Legal Issues and Permanency
Teen Group: Kinship Family Dynamics
Children Group: Developing a Healthy Self Esteem

WEEK THREE

Adult Group: Loss and Grief Issues
Teen Group: Developing a Healthy Self Esteem
Children Group: Identifying and Expressing Feelings

WEEK FOUR

Adult Group: Why cant' we be a family again
Teen Group: Identifying and Expressing Feelings
Children Group: Identifying and Managing Feelings

WEEK FIVE

Adult Group: Dynamics of Kinship Families
Teen Group: Interpersonal Skills Understanding
Feelings in ourselves and others
Children Group: Kinship Family Dynamics

WEEK SIX

Adult Group: Parenting Two Generations
Teen Group: Learning Healthy Coping Skills
Children Group: Learning Healthy Coping Skills

WEEK SEVEN

Adult Group: Parenting the At-Risk Child
Teen Group: Anger Management
Children Group: Overview of the Effects of Drugs
and Alcohol

WEEK EIGHT

Adult Group: Understanding Substance Abuse
Teen Group: Substance Use and Addiction
Children Group: Handling Peer Pressure

WEEK NINE

Adult Group: Risk and Protective Factors
Teen Group: Peer Pressure
Children Group: Anger Management Techniques

WEEK TEN

Adult Group: What About Me
Teen Group: Stress and Self Kindness
Children Group: Social Skills and termination

CONTACT US TO SIGN UP

Children's Service Society
GRANDfamilies
801-355-7444
grandfamilies@cssutah.org