



The Next Chapter

The Next Chapter is a social support and educational program, helping widows and widowers adjust to the loss of their loved one. Through this program, Tooele County Aging Services hopes to reinforce a sense of belonging in our community in those who are grieving. Each month, join others who are on the same page as you and begin a new chapter in your life story. For details or to ask questions, please call 435-277-2420.

Wednesday

23
FEB

Spin Art

2:00 - 3:00 pm

Tooele Senior Center Gym
59 E Vine Street, Tooele

Come learn a fun art technique from our guest instructor, Rick Graham. You will create a one-of-a-kind masterpiece that requires no creative genius. In addition to taking your painting home, you will have an opportunity to make cards you can mail to friends and family.

Simple and Nutritious Cooking Tips

1:00 - 2:00 pm

Our House Assisted Living in the Private Dining Room
251 East 1000 North, Tooele

Sarah Patino, Culinary Director at Our House and the Create Better Health Ambassador with the USU Extension, will demonstrate some easy and healthy recipes. We'll enjoy sampling some of the healthy snacks too.

Monday

14
MAR

Thursday

7
APRIL

Spring into Action

11:00 am – 12:00 pm

Tooele County Health Dept Bldg in Room 180
151 N Main Street, Tooele

Join us for an Easter service project. Lend a hand helping fill plastic eggs with treats. Those in need will find an unexpected surprise hidden in their April food bank order. All supplies will be provided.