



DIRECT SERVICES OFFERED

PROGRAM	DESCRIPTION	AGE/GENDER	INCOME	RESIDENCY	CONTACT
Aging Services	A variety of activities/ programs to help older adults stay healthy and active.	Adults 60+	Any	Tooele County	435-277-2420
Baby Your Baby	Assistance in obtaining temporary medical coverage (Medicaid) for low-income, pregnant women.	Pregnant women	Call to check eligibility	Any	435-277-2320
BeWise	Healthy lifestyle classes and personalized health coaching.	Women 40-64	200% of the federal poverty level or below	Any	435-277-2310 / 2311
Car Seat Classes	Learn how to properly install your car seat, classes are conducted monthly.	Any	Anyone may attend class; car seats may be purchased at low cost based on income eligibility	Tooele County	435-277-2310/2311
Car Seat Safety Checks	Individual safety checks of your installed car seat, by appointment only. Child and vehicle must be present.	Any	Any	Any	435-277-2310/2311
Community Health Workers	Providing education, guidance, and social support for our community.	Any	Any	Tooele County	435-277-2362
Dental	Healthy Smiles Dental Clinic provides examinations, x-rays, teeth cleanings, fluoride treatments, fillings, extractions, dentures and partial dentures.	Any	For low-income, call to check eligibility	Tooele County	435-277-2430
Diabetes Prevention Program	Lifestyle change program proven to cut participant's risk of developing type 2 in half.	Adults 18 and older	Any; scholarships available for lower-income participants	Any	435-277-2363
Environmental Health	Permitting and inspection services for all facilities that may transmit disease through the environment (food, water, soil, air, etc...)	Any	Any	Any	435-277-2440

Food Handler Permit	All food handlers must obtain a permit from a local health department before they are allowed to handle food that will be served to the public.	Any	Any	Tooele County	435-277-2440
Immunizations	All required and recommended vaccinations for all ages. For lower-income children (birth thru 18), the VFC program offers low-cost and no-cost vaccines.	Any	Any For VFC: Must be uninsured, on Medicaid or CHIP	Any	435-277-2310/2311
Living Well with Chronic Conditions Workshop	Six-week workshop for anyone with a chronic condition (or their caregiver) that helps people manage the condition and improve their overall quality of life.	Any	Any	Any	435-277-2302
My Life My Quit	Free and confidential way to quit smoking or vaping.	Adolescents	Any	Any	435-277-2374
Opioid Overdose Prevention - Narcan	Narcan is available, no questions asked, for anyone in need that can be used to save a life from an opioid overdose.	Any	Any	Tooele County	435-277-2310/2311
Prevention Services	Prevention and risk reduction strategies designed to reduce the impact of substance use and mental health disorders on individuals, families, and the community at large. (Prime for Life, QPR, CTC, MHFA)	Any	Any	Tooele County	435-277-2363
RAD PAC Resisting Alcohol & Drugs Prevention (Youth) Coalition	Youth from all schools in Tooele County interested in being active in this coalition that will commit to being Alcohol, Tobacco, and Drug-free are eligible to be included.	12+ years old	Any	Tooele County	435-277-2374
Safe Kids Tooele	Dedicated and caring staff, operation support and other resources to assist in achieving our common goal: keeping your kids safe.	Any	Any	Tooele County	435-277-2302
Stepping On Fall Prevention	A 7-week (one 2-hour session per week) falls prevention program conducted by trained leaders, and specially designed for adult learners.	Older Adults and their loved ones	Any	Any	435-277-2302
Sexually Transmitted Disease (STD/STI)	Prevention, testing, and treatments.	14+ years old	Any	Any	435-277-2310/2311

Tai Chi for Arthritis	Medical studies have shown this program to relieve pain for people with arthritis and improve their quality of life, as well as prevent falls for older adults.	Older Adults 60+	Any	Tooele County	435-843-4110
Targeted Case Management (TCM)	Nurse home visitation program.	Birth thru age 3 years	On Medicaid	Tooele County	435-277-2310/2311
Tobacco Establishment Permitting	All retailers that want to sell tobacco products, including electronic nicotine delivery systems, must have a permit from their local health department.	Adults 21+	Any	Tooele County	435-277-2374
Tobacco Handler Permit	Any employee who sells tobacco products in Tooele County must complete Tobacco Handlers Training and hold a valid Tobacco Handlers Permit issued by the department.	Adults 21+	Any	Tooele County	435-277-2374
Tobacco Quit Line	Online and telephone tobacco cessation support and resources.	Any	Any	Any	435-277-2374
Transportation Services	For help with scheduling a ride or figuring out transportation.	Any	Any	Tooele County	435-843-4114
Utah Cancer Control Program	Breast and cervical cancer screening to eligible Utah women aged 40-64.	Women 40-64	200% of the federal poverty level or below	Any	435-277-2310/2311
Vital Records	Birth and death certificates; marriage and divorce records.	Any	Any	Any	435-277-2301
Walk With Ease	A group program that combines self-paced walks with discussions about health-related topics.	Any	Any	Tooele County	435-277-2363
Wendover Satellite Office	Tooele County Health Department services such as aging services, car seats, CHW's, and WIC, are offered to the Wendover community.	Any	Any	Tooele County	435-277-2326
Women Infants and Children (WIC)	Supplemental nutrition program.	Pregnant and breastfeeding women, new mothers, children 5 and under	185% of poverty guidelines or below	Tooele County	435-277-2320



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Aging Services	A variety of activities to help older adults stay healthy and active.	Adults 60+	Any	Tooele County	435-277-2420
Aging Waiver Program	Provides supportive services to individuals who would otherwise live in a nursing facility, assisting them to live as independently as possible in their own home or community-based settings.	Adults 65+	Must be Medicaid eligible (Based on special guidelines)	Tooele County	435-277-2420
Alternatives Program	Provides in-home services to eligible Tooele County residents with the objective of preventing the premature or unnecessary placement of individuals in nursing homes.	Older Adults 60+	For low-income, call to check eligibility	Tooele County	435-277-2420
Arthritis Foundation Exercise Program	A low-impact recreational exercise program that incorporates a brief educational component.	Older Adults 60+	Any	Tooele County	435-843-4110
Caregiver Support Group	In-person meetings to provide emotional, educational, and social support to those who are caring for a loved one with dementia or Parkinson's disease..	Any	Any	Any	435-277-2420

Dementia Dialogues	Provides the most current and practical information about how to care for people with dementia.	Any	Any	Any	435-277-2420
Dealing with Dementia	Workshop that presents effective strategies for dealing with dementia, Resource manual provided.	Any	Any	Any	435-277-2420
Dementia Live	Provides participants with a real-life simulation of what it may be like to live with dementia, using specialized gear in an experiential setting.	Any	Any	Any	435-277-2420
Lunch & Learn for Caregivers	Educational series taught by experts on a variety of topics pertinent to those caring for a loved one.	Any	Any	Any	435-277-2420
In-Home Services	Programs to assist low-income older adults to stay in their homes.	Older Adults 60+	Call to check eligibility	Tooele County	435-277-2420
Caregiver Support Program	Information services, assistance, training, and support for caregivers of older adults	Any	Any	Tooele County	435-277-2420
Meals on Wheels	Nutritious daily meals delivered to qualified individuals	Older Adults 60+	Any	Tooele County	435-277-2420
Ombudsman Services	Advocacy for the rights of residents living in long-term care facilities	Any	Any	Tooele County	435-277-2420
Senior Centers - Tooele and Grantsville	Senior centers provide an opportunity for older adults to remain active and engaged in the community.	Adults 60+	Any	Tooele County	435-843-4110 435-884-3446

Senior Health Insurance Program (SHIP)	Medicare counseling	Anyone eligible for Medicare	Any	Tooele County	435-277-2420
MSP (Medicare Savings Programs) and Extra Help	Assistance for paying for Medicare Part B premium and prescription coverage	Anyone eligible for Medicare	Call to check eligibility	Tooele County	435-277-2420
SMP (Senior Medicare Patrol)	Medicare fraud prevention services	Anyone eligible for Medicare	Any	Tooele County	435-277-2420
Stepping On Fall Prevention	A 7-week (one 2-hour session per week) falls prevention program conducted by trained leaders, and specially designed for adult learners.	Older Adults and their loved ones	Any	Any	435-277-2302
The Next Chapter	A social support and educational program, helping widows and widowers adjust to the loss of their loved one.	Any widows and widowers	Any	Tooele County	435-277-2420
Transportation Services	Serving seniors, veterans, persons with disabilities, and the general public. For help with scheduling a ride or figuring out transportation calls.	Any	Any	Tooele County	435-843-4114
Veteran Directed Care	A program that helps veterans who are at risk of nursing home placement continue to live in their homes. Veterans are given a flexible budget which they utilize to hire their own personal care aides (including family, friends, or neighbors.)	*Veterans of any age but must be dependent on at least three of their activities of daily living to qualify i.e. bathing, dressing, walking, toileting, eating. Must also be enrolled in VA Health Care.	Any	Tooele County	435-277-2420
Walk With Ease	A group program that combines self-paced walks with discussions about health-related topics.	Any	Any	Tooele County	435-277-2363

