# Novel Coronavirus (COVID-19)

This illness can be mild. However, in some cases it is severe enough to require hospitalization. If you have traveled recently or are planning to travel to a country with a widespread outbreak of COVID-19, you should consult the CDC's guidance for travelers, which is regularly updated as the situation changes.

# WHO

is at risk?

- People who live in or who have returned from an area with ongoing spread of COVID-19
- Individuals with close contact to a person with COVID-19

### HOW

is it spread?

- Through the air after coughing or sneezing
- Close personal contact with an infected person
- Touching an object that has the virus on it, then touching your mouth, nose or eyes

## WHAT

are the symptoms?

- Fever
- Cough
- Shortness of breath

Symptoms may appear in as few as 2 days or as long as 14 days after exposure

#### To prevent illness



Wash your hands often



Avoid contact with people who are sick



Avoid touching your mouth, nose or eyes



