

Reduce Your Risk of Coronavirus



Clean

your hands with soap and water or alcohol-based sanitizer.



Avoid

close contact with anyone who is experiencing flu-like symptoms.



Cover

your mouth and nose when coughing or sneezing. Use a tissue or into your upper sleeve, not your hands.



If you live in or have recently returned from an area with ongoing spread of Coronavirus within the past 14 days, and develop a cough, fever, or difficulty breathing, contact your healthcare provider. Call ahead to tell your healthcare provider about your travel and symptoms.