

## **Aging Services**

**Tooele Center**  
59 E Vine  
(435) 843-4110

**Grantsville Center**  
120 S Center St  
(435) 884-3446

**Meals on Wheels**  
435-843-4110

**Aging Director**  
Amy Hoftiezer

**Senior Centers Supervisor**  
Bella Colovich

**Activity Specialists**  
Kristen Bolinder  
Shirlene Jensen  
Amy Larsen  
Karin Shields

**Kitchen/MOW Staff**  
Kim Hale  
Rebecca Provencio  
Alicia Bysecker  
Val Wiseman  
Griffin Gerhardt  
Darrin Lowe  
Carson Martinez  
Pam Ludwig

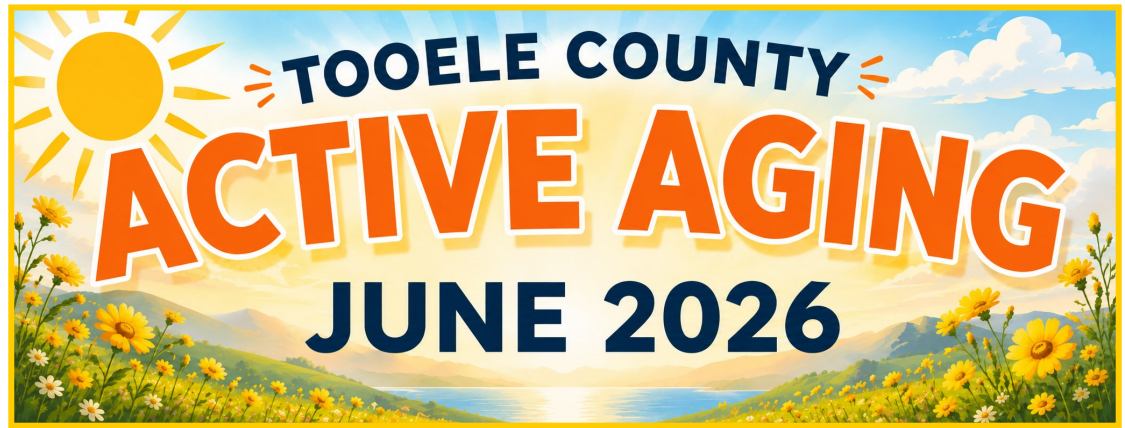
**Business Manager**  
Tracy Beckett

**Financial Coordinator**  
Belinda Cardenas

**Social Workers**  
Desirae Taylor  
Jennifer Romero  
Lisa Fowler

**Gerontologist**  
Sarah Jane Obray

**TOOELE**  
C O U N T Y  
HEALTH DEPARTMENT



## INTERGENERATIONAL

# SUMMER SOLSTICE

## DANCE PARTY!

Let's dance our way into summer on the longest day of the year!

 **FRIDAY**  
**JUNE 19TH**

 **7:00 PM**  
**- 9:00 PM**

 **FREE**

 **TOOELE SENIOR CENTER**  
59 E VINE ST, TOOELE, UT 84074

**ALL AGES WELCOME!**

Bring your family, friends, and your best dance moves for a night of:

-  **MUSIC FROM A LIVE DJ**
-  **PHOTO BOOTH**
-  **REFRESHMENTS**
-  **LAUGHTER, CONNECTION, AND SUMMER VIBES**

 **TRANSPORTATION PROVIDED**  
from Grantsville Senior Center.

Dear Friends,

As summer activities begin to fill our calendars, I wanted to take a moment to share a little about the Aging Services team that works behind the scenes to support you. Our mission is to enhance the health and well-being of older adults in Tooele County, with a vision of a healthy and safe community where all older adults can reach their full potential. As Tooele County's Area Agency on Aging, our work is guided by the Older Americans Act and a commitment to helping older adults remain healthy, independent, connected, and supported.

Our team serves older adults through our Senior Centers, In-Home Services provided by our social workers, and support groups led by our Gerontologist, who specializes in aging and older adult well-being. As Director of Aging Services, I have the privilege of overseeing these programs and the dedicated team that makes them possible.

Bella Colovich, our Senior Center Supervisor, oversees the day-to-day operations of both senior centers, including activities, kitchen services, and Meals on Wheels. If you have feedback, suggestions, or concerns related to the senior centers, we encourage you to share them directly with Bella in a kind and respectful manner so she can best address them with her team. Thoughtful, constructive communication helps us continue improving for everyone.

We also ask all participants to please check in at the front desk each time you visit so we know you are here and can best support you.

Whether you join us for a meal, an activity, a support group, or simply conversation with friends, thank you for being such an important part of our Aging Services community. It is truly a joy to serve in this role, and we look forward to a wonderful summer with you!

With gratitude,  
Amy Hoftiezer

# EMPLOYEE SPOTLIGHT

## PAM LUDWIG

- Please help us welcome Pam Ludwig to Aging Services as one of our new Meals on Wheels drivers!
- Pam brings over 30 years of experience working with the public and most recently joined us from Harmons Grocery. She has also run a food truck and worked as an Amazon delivery driver.
- Pam loves spending time with her family and her Frenchie, Buddy. She also enjoys camping and cooking.
- Please join us in giving Pam a warm Aging Services welcome!



one kind  
act a day.



Take the pledge at  
[ThePowerOfKind.org](https://www.thepowerofkind.org)



**SENIOR CENTERS**  
WILL BE  
**CLOSED**  
MONDAY, JUNE 15TH  
TO CELEBRATE  
**Juneteenth**  
**FREEDOM**  
day  
NO HOME DELIVERED MEALS

# JUNE MEAL SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
<b>Swedish Meatballs</b> Mashed Potatoes & Gravy Mixed Vegetables Orange	<b>Pulled Pork Sandwich</b> Corn Green Beans Pears	<b>Teriyaki Chicken</b> Brown Rice Stir-Fry Vegetables Fortune Cookie Mandarin Oranges	<b>Meatloaf</b> Mashed Potatoes & Gravy Broccoli Banana	<b>Chicken Salad Croissant</b> Cucumbers Pickled Beets Diced Peaches
8	9	10	11	12
<b>Caesar Salad</b> Chocolate Chip Cookie	<b>Sloppy Joe</b> Peas & Carrots Apple	<b>Orange Chicken</b> Brown Rice Broccoli Banana	<b>Spaghetti &amp; Meatballs</b> Mixed Vegetables Diced Peas	<b>Ham &amp; Swiss Sandwich</b> Bell Peppers Diced Peaches
15	16	17	18	19
<b>Senior Centers Closed for Juneteenth Holiday!</b> No Home Delivered Meals	<b>Chicken Fajitas</b> Pinto Beans Fajita Vegetables Diced Peaches	<b>Chili Dogs</b> Green Beans Diced Peas	<b>Chicken Carbonara</b> Italian Vegetables Banana	<b>Roast Beef Sandwich</b> Coleslaw Orange
22	23	24	25	26
<b>Cheese Burgers</b> Baked Beans Apple	<b>Chicken Fettuccini Alfredo</b> Broccoli Cauliflower Diced Peaches	<b>Beef Pot Roast w/ Gravy</b> Diced Potatoes Sliced Carrots Roll Banana	<b>Meatball Sub</b> Corn Green Beans Diced Peas	<b>Egg Salad Croissant</b> 3 Bean Salad Bell Peppers Orange
29	30			
<b>Lasagna Soup</b> Cottage Cheese Bread Stick Banana	<b>Pulled Pork Bowl</b> Brown Rice Black Beans Roasted Corn Diced Peaches			

**Meals are subject to change.** For special diets or dietary requests, please call Bella Colovich at 435-843-4110. Meals are served Monday through Thursday 11:30am-12:30pm. Friday 10:30am-11:30am. Suggested contribution \$4.00 per meal, under 60 must pay \$6.00. Please join us for dine-in.

# GRANTSVILLE CENTER ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
<ul style="list-style-type: none"> <li>9:00am Exercise</li> <li>12:30pm BINGO</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Pinochle</li> <li>10:00am Practice Tai Chi</li> <li>12:30pm Flint Knapping</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Exercise</li> <li>9:00am Fly-Tying</li> <li>10:00am Computer Class</li> <li>12:30pm Bunko</li> </ul>	<ul style="list-style-type: none"> <li>10:00am DIY Crafts</li> <li>11:30pm Wood Carving</li> <li>2:30pm Centers close early for all staff training</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Cardio Drumming</li> <li>12:00-2:00pm Shred It Event at Tooele Senior Center parking lot</li> </ul>
8	9	10	11	12
<ul style="list-style-type: none"> <li>9:00am Exercise</li> <li>12:30pm BINGO</li> </ul>	<ul style="list-style-type: none"> <li>10:00am Practice Tai Chi</li> <li>12:30pm Flint Knapping</li> <li>12:30-2:30pm Dementia Live Experience by appt only</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Exercise</li> <li>9:00am Fly-Tying</li> <li>10:00am Computer Class</li> <li>12:30pm Bunko</li> </ul>	<ul style="list-style-type: none"> <li>10:00am DIY Crafts</li> <li>12:30pm Wood Carving</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Cardio Drumming</li> </ul>
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22	23	24	25	26
<ul style="list-style-type: none"> <li>9:00am Exercise</li> <li>11:00am Utah Legal Services by appt only</li> <li>12:30pm BINGO</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Pinochle</li> <li>10:00am Practice Tai Chi</li> <li>12:30pm Flint Knapping</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Exercise</li> <li>9:00am Fly-Tying</li> <li>10:00am Computer Class</li> <li>11:00am Hard of Hearing Presentation</li> <li>12:30pm Bunko</li> </ul>	<ul style="list-style-type: none"> <li>10:00am DIY Crafts</li> <li>12:30pm Wood Carving</li> </ul>	<ul style="list-style-type: none"> <li>9:30am Cardio Drumming</li> </ul>
29	30	<p>YOU ARE MY SUNSHINE</p> 		
<ul style="list-style-type: none"> <li>9:00am Exercise</li> <li>12:30pm BINGO</li> </ul>	<ul style="list-style-type: none"> <li>9:00am Pinochle</li> <li>10:00am Practice Tai Chi</li> <li>12:30pm Flint Knapping</li> </ul>			

Puzzles, Library and Exercise Room Daily

120 S Center St Grantsville, Front Desk (435) 884-3446, Center Hours Mon-Thurs 8am-4pm Friday 8am-Noon

# TOOELE CENTER ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<ul style="list-style-type: none"> <li>• 9:00am Fly-Tying</li> <li>• <b>10:00am Meet the Mayor!</b></li> <li>• 10:00am Exercise</li> <li>• 10:30am DIY Craft</li> <li>• 11am Adv Computers</li> <li>• 1pm Folk Dancing</li> <li>• 1pm Watercolors</li> <li>• 1pm Watercolors</li> </ul>	<ul style="list-style-type: none"> <li>• 9:00am-12:00pm Social Security</li> <li>• 9:30am Mexican Train</li> <li>• 12:30pm Bunko</li> <li>• 1pm Line Dancing</li> </ul>	<ul style="list-style-type: none"> <li>• 10:00am Exercise</li> <li>• 10:00am Bridge</li> <li>• 1pm Wood Carving</li> <li>• 1pm Folk Dancing</li> </ul>	<ul style="list-style-type: none"> <li>• 9:30 Beg Computers</li> <li>• 10:00am DIY Painting</li> <li>• 10:00 Practice Tai Chi</li> <li>• 1pm Line Dancing</li> <li>• <b>3pm Centers close early for all staff training</b></li> <li>• <b>5pm Dementia Live Experience by appt only</b></li> </ul>	<ul style="list-style-type: none"> <li>• 9:30am Cardio Drumming</li> <li>• <b>10:00am Dementia Live Experience by appt only</b></li> <li>• <b>12:00-2:00pm Shred It Event</b></li> </ul>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<ul style="list-style-type: none"> <li>• 9:00am Fly-Tying</li> <li>• 10:00am Exercise</li> <li>• 10:30am DIY Craft</li> <li>• 11am Adv Computers</li> <li>• 1pm Folk Dancing</li> <li>• 1pm Watercolors</li> </ul>	<ul style="list-style-type: none"> <li>• 9:30am Mexican Train</li> <li>• 12:30pm Bunko</li> <li>• 1pm Line Dancing</li> </ul>	<ul style="list-style-type: none"> <li>• 10:00am Exercise</li> <li>• 10:00am Bridge</li> <li>• 1pm Wood Carving</li> <li>• 1pm Folk Dancing</li> </ul>	<ul style="list-style-type: none"> <li>• 9:30 Beg Computers</li> <li>• 10:00am DIY Painting</li> <li>• 10:00am Practice Tai Chi</li> <li>• 12:30pm BINGO</li> <li>• 1pm Line Dancing</li> </ul>	<ul style="list-style-type: none"> <li>• 9:30am Cardio Drumming</li> </ul>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
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Puzzles, Library and Exercise Room Daily

59 E Vine, Tooele, Front Desk (435) 843-4110, Center Hours Mon-Thurs 8am-4pm Friday 8am-Noon

# THE VIRTUAL CORNER!

To access our newsletter online visit our website at:

<https://health.tooeleco.gov/aging-services>



**Virtual and free conference!**  
Seen and safe: Protecting older adults facing isolation, mistreatment, and neglect

**June 16, 2026**  
**10 a.m. – noon**  
**Register: [bit.ly/UEAAD26](https://bit.ly/UEAAD26)**

Hosted by:

- ALZHEIMER'S ASSOCIATION
- AARP Utah
- SENIOR CO-OP by HealthPartners
- Utah Department of Health & Human Services Aging & Adult Services
- U2A Utah Association of Area Agencies on Aging
- UtahAging.org Utah Commission on Aging



## Whiskers for Wellness & Pawsitive Partnerships

**Where:** Online. [Registration is required. See Link Below.](#)

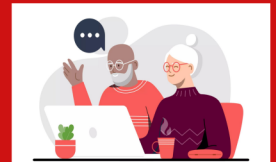
**When:** Tuesday, June 2, at 7PM

**Description:** Looking for a meaningful way to stay connected and enrich life with your pet? Join AARP Utah and the Utah Humane Society for an inspiring, practical webinar designed for you and your furry companion.

In this webinar, you'll discover how volunteering with animals can build purpose and connection, and learn simple, affordable ways to improve your pet's behavior, reduce stress, and strengthen your bond. You'll also explore helpful community resources—from free vaccine clinics to pet food support and wellness services.

<https://states.aarp.org/utah/aarp-utah-university-webinars>

## Intro to AI



**Where:** Online at both Tooele & Grantsville Senior Centers.

**When:** Monday, June 8, at 11AM

**Description:** Want to know more about ChatGPT? This lecture will introduce some of the basic ideas around artificial intelligence. We'll talk about how AI is being used today, what its current limitations are, and how it will shape the future!

# The Next Chapter

A social support and educational program for widows and widowers



**Fr Fridays on Vine: Summer Concert**  
**6:30 – 8:30 pm**  
**Aquatic Center Park**

Exit 99 performs popular country songs, classic western favorites, and some vintage rock. This free performance starts at 7pm. Join us! You'll need to bring a chair to sit on. Look for us saving space, in front of the band stand, on the east side of the park at 6:30 pm. Be prepared for warm weather and busy parking areas.

Friday  
**JUNE**  
**5**

**TOOELE**  
C O U N T Y  
HEALTH DEPARTMENT  
AGING SERVICES  
435-277-2420  
health.tooeleco.gov

DIVISION OF SERVICES OF THE  
DEAF AND HARD OF HEARING

## MEET & GREET

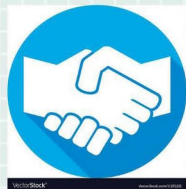
**JANICE ROBERTS**

**HARD OF HEARING SPECIALIST**

**JUNE 17TH @ 11:00AM | TOOELE SENIOR CENTER**

**JUNE 24TH @ 11:00AM | GRANTSVILLE SENIOR CENTER**

**LEARN ABOUT HARD OF HEARING SERVICES**



## PARKINSON'S SUPPORT GROUP

NOW held the 4<sup>th</sup> Monday of every month

Monday, June 22<sup>nd</sup>

12:30 - 2:00 pm

at the Tooele Senior Center  
59 E Vine Street

**CONTACT HAL MEYER**  
**(435)840-3683**

Anyone affected by Parkinson's is welcome to attend. Come learn, connect, and find support.



## Are You Up-To-Date on Your Medicare Preventive Services?

Medicare pays for many preventive services to keep you healthy. Ask your doctor what services are right for you.

- One time "Welcome to Medicare" preventive visit
- Yearly "Wellness" visit
- Abdominal aortic aneurysm screenings
- Alcohol misuse screenings & counseling
- Bone mass measurements
- Cardiovascular behavioral therapy
- Cardiovascular disease screenings
- Cervical & vaginal cancer screenings
- Colorectal cancer screenings
- Counseling to prevent tobacco use & tobacco-caused disease
- COVID-19 vaccines
- Depression screenings
- Diabetes screenings
- Diabetes self-management training

- Flu vaccines
- Glaucoma screenings
- Hepatitis B vaccines
- Hepatitis B virus (HBV) infection screenings
- Hepatitis C virus screenings
- Human Immunodeficiency Virus (HIV) screenings
- Lung cancer screenings
- Mammograms
- Medical nutrition therapy services
- Medicare Diabetes Prevention Program
- Obesity behavioral therapy
- Pneumococcal vaccines
- Pre-exposure prophylaxis (PrEP) for HIV prevention
- Prostate cancer screenings
- Sexually transmitted infection (STI) screenings & counseling



## UTAH LEGAL SERVICES

Attorneys will be at the Grantsville Senior Center to provide free assistance on **Monday, June 22, from 11:00AM-3:00PM**. To schedule an appointment, please call 435-884-3446 and ask to speak with a staff member. For more information about Utah Legal Services, visit their website at: <https://www.utahlegalservices.org/>

MONDAY, JUNE 1<sup>st</sup>  
Not meeting on June 15<sup>th</sup>

## JUNE

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

*Dementia Caregiver Support Group Meeting*

*2-3:30 pm*

*Tooele Senior Center  
59 E Vine St, Tooele*



## WORLD ELDER ABUSE AWARENESS DAY

Building Strong Support for Elders



## Monthly Tips For Family Caregivers

*As a family caregiver, your health and well-being are important!*

Removing hazards and adding safety features can support safer, more independent movement. Try these tips:

- Remove tripping hazards: rugs, cords, clutter
- Add nightlights in hallways, bedrooms, and bathrooms
- Install grab bars and non-slip mats in the bathroom
- Keep medication, cleaning supplies, and sharp objects locked away. Remove stove knobs.
- Set water heater to a safe temperature
- Keep emergency numbers posted

**Tip: Home Safety**



June is Alzheimer's & Brain Awareness Month

## WEAR PURPLE TO RAISE AWARENESS

Purple is the official color of the Alzheimer's movement. Wear purple throughout June to spread awareness and show support for families living with dementia.

# Medicare Fraud Prevention Week



## JUNE 1-5

Look for daily posts on ways to prevent, detect, and report fraudulent activity



### Beneficiaries

Protect your Medicare number like you would your banking information.



### Families & Caregivers

Help your loved ones create a Medicare.gov account. Remind them to open and review their statements when they come.



### Partner Agencies

Share SMP information on social media. Invite the SMP to speak.



### Health Care Professionals

Talk to patients about health care-related scams.



### Community

Look out for your older neighbors. Encourage participation in the **FREE SHRED EVENT June 5th 12-2 pm at the Senior Ctr.**

## ABOUT THE SMP!

The Senior Medicare Patrol mission is to empower and assist Medicare beneficiaries, their families, and caregivers to prevent, detect, and report suspected healthcare fraud. During the first week of June, we'll be sharing helpful tips and information each day to help you recognize scams, and know what to do if you suspect fraud.

**TOOELE**  
COUNTY  
HEALTH DEPARTMENT

 **SMP**  
Senior Medicare Patrol  
Preventing Medicare Fraud

**435-277-2420**

1-877-808-2468

[www.smpresource.org](http://www.smpresource.org)

This product is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$1,500,000 with 100% funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS or the U.S. government.

# FREE SHRED DAY

PROTECT  
DETECT  
REPORT

June 5, 2026  
12-2 PM

Tooele Senior  
Center

59 E Vine St  
Tooele, UT

## Shred & Protect

Tooele County Aging Services invites you to safely dispose of sensitive papers:

- Anything with your **SSN** or account numbers
- **Medical bills/records**
- **Credit card/bank** statements
- **Pre-approved credit offers** (junk mail)



LIMIT 5 BOXES  
PER VEHICLE  
435-277-2420

Supported by Grant # 905APG0061 and #90MPPG0059 from ACL, DHHS, Washington DC 20201

35

Tooele County Aging Services  
Wendover Dinner & Bingo

25

## DINNER & BINGO CENA & BINGO

Call 435-843-4110

# RSVP

By Friday, June 19th by 11am  
To reserve a meal!  
Llame para reservar su cena!

WEDNESDAY, JUNE 24TH  
DOORS OPEN AT 3:30PM

MIÉRCOLES, 24 DE JUNIO  
LAS PUERTAS ABREN @ 3:30PM

Wendover Community Center  
112 Moriah Ave, Wendover, UT



ADULTS  
60+

# THANK YOU!



★ A HUGE THANK YOU TO THE  
**TOOELE ELKS LODGE #1673**

FOR SUPPORTING THE ACTIVITIES AND  
EVENTS AT THE SENIOR CENTERS!

# DEMENTIA Live<sup>®</sup>

Using specialized gear, Dementia Live™ provides a unique opportunity to briefly experience how it may feel to live with dementia. By “walking in their shoes,” participants gain awareness of challenges and insights into ways one can offer compassionate support.



## REGISTRATION REQUIRED

email  
[sarah.obray@tooeleco.gov](mailto:sarah.obray@tooeleco.gov)  
or leave message at  
435-843-4119

Thursday, June 4<sup>th</sup>  
Tooele Center  
5:00-5:45 PM  
6:00-6:45 PM  
7:00-7:45 PM

Friday, June 5<sup>th</sup>  
Tooele Center  
10:00-10:45 AM  
11:00-11:45 AM

Tuesday, June 9<sup>th</sup>  
Grantsville Center  
12:30-1:15 PM  
1:30-2:15 PM  
2:30-3:15 PM

\*Limited to 4-6 participants per session



## ANSWERS ABOUT ALZHEIMER'S

A free 4-session educational series for individuals who care for persons living with Alzheimer's Disease

Join us on Wednesdays in July  
6:00 -7:30 PM  
Tooele County Health Department

MORE DETAILS:  
[health.tooeleco.gov](http://health.tooeleco.gov)

REGISTRATION REQUIRED:  
(435)277-2420



### TOPICS:

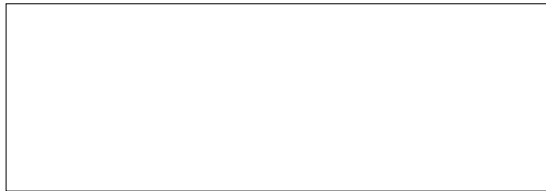
- Dementia Definitions, Symptoms, Diagnostic Procedures, and Preventative Measures
- Recognizing Behavior Changes in Alzheimer's and Tips for Managing Them
- Adapting Communication Techniques for More Effective Interactions
- Modifying the Home Environment for Safety and Independence

**TOOELE COUNTY  
AGING SERVICES**


59 E Vine Street  
Tooele, UT 84074



NON-PROFIT ORG.  
U.S. POSTAGE  
**PAID**  
TOOELE, UTAH  
PERMIT NO. 36



TOOELE COUNTY TRANSPORTATION ~ 47 S MAIN STREET, ROOM 222 \* TOOELE, UTAH \* 435-843-4114 \*

	<b>SENIOR'S MEDICAL SHUTTLE</b>	<b>UTA 451 EARLY MORNING COMMUTERS &amp; REVERSE</b>	<b>UTA F453 MID-DAY SERVICE TOOELE - SLC FLEX</b>	<b>UTA ON-DEMAND MICROTRANSIT</b>
<b>Scheduling phone number</b>	(435) 843-4114	(801) 743-3882	(801) 743-3882	(435) 843-4114
<b>Who can use these services?</b>	Seniors 60 & older	The public	The public	The public
<b>Wheelchair accessible?</b>	YES	YES	YES	YES
<b>What can I use these services for?</b>	Medical appointments in Salt Lake County, within boundaries.	Following a bus route that serves Tooele to Salt Lake. Stops at designated bus stops.	Following a bus route that serves Tooele to Salt Lake. Stops at designated bus stops.	Services transport people within Grantsville, Stansbury, and Tooele cities.
<b>Door-to-door service?</b>	YES	NO	NO Deviated pick-up can be scheduled for an additional \$1.25 each way.	Curb to Curb Service
<b>Price</b>	Suggested donation of \$5.00 each way	\$2.50 for an adult. Ask about what reduced fares are available.	\$2.50 for an adult. Ask about what reduced fares are available.	\$2.50 each way for adults and children six and older. Ask about what reduced fares are available. Accepts UTA passes
<b>Hours of operation</b>	Mon-Fri 7:00am - 4:00pm Last appt time at 2:00		Mon-Fri 7:30am - 5:00pm	Mon-Fri 7:00am - 7:00pm